

The Living ECK Master



Doug Kunin
SPIRITUAL LEADER OF ECKANKAR

Doug Kunin, the Mahanta, the Living ECK Master is the spiritual leader of Eckankar.

His job is, through inner guidance and the outer teachings, to help you find your own path back to the divine source.

The Living ECK Master acts as the way-shower, and is given reverence, not worship.

“Love turns challenge into opportunity and opportunity into fulfillment. It turns the hard clay of human consciousness into the soft loam of spiritual receptivity and growth. Let the seeds of Light and Sound fall upon the ripe ground of your heart.”

- The Mystic World, December 2025

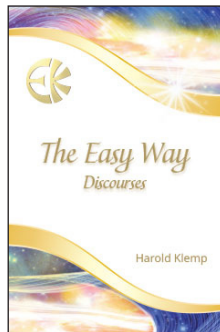
Advanced Spiritual Living Courses

Looking for an advanced spiritual study as a next step on the road home to God?

Ask us about enrolling in the Easy Way Discourses today.

The monthly studies undertaken are:

- * 'The Easy Way'
- * 'In Soul You are Free'
- * 'Dream On, Sweet Dreamer'
- * 'Karma—It All Comes Back in the End'
- * 'Reincarnation—Why You Came to Earth Again'
- * 'Your Initiations in ECK'
- * 'The Master Principle'
- * 'Can We Live in a World Without Love?'
- * 'The God Worlds-Where No One Has Gone Before'
- * 'Ask the Reason, Say Be-CAUSE'
- * 'Mind Stuff and the Art of Listening'
- * 'Putting It All Together'



We are committed to child & youth safety

Contact Eckankar – Free info

For your free information pack or for any other enquiries, please contact us at 0402 299 523 or send an email to info@eckankar-essa.org.au. Leave a message with all the information necessary for us to respond to your request. For further information on ECK Events please follow this link www.eckankar-essa.org.au You can join our Meetup group for regular Melbourne ECK event invitations.

www.meetup.com/eckankar-melbourne

HU: A Love Song to God

Download Free HU App

HU is an ancient name for God and HU is the sound behind all sounds. It has been used for thousands of years as a prayer and sacred chant to attune oneself to the presence of God. In



many spiritual traditions, sound plays an important part in uplifting the individual. HU is a key to open your heart to God's loving presence in your life.

Anyone can sing HU, regardless of age or religion. It is a simple technique that can be used as part of your daily spiritual practice. It has the power to uplift you spiritually for inner peace, healing, and insight.

www.hearhu.org

Eckankar Around Australia

Eastern Victoria	(03) 5153 2584	ACT	0482 524 657
Inner Western	(03) 5340 0712	New South Wales	0482 524 657
North Central Vic	0438 552 107	Queensland	0484 014 001
North East Vic	0438 552 107	South Australia	0422 483768
South Western Vic	0422 215 956	Tasmania	0428 383 773
Western Vic	0411 324 311	Western Australia	0466 120 038

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ECKANKAR

The Path of Spiritual Freedom



Public Events in Victoria

Jan-Feb-Mar 2026
Melbourne Metro Area

www.eckankar-essa.org.au

ECK Light and Sound Service

An ECK Light and Sound service offers you a chance to discover more about yourself as Soul, an eternal, creative, spiritual being. Connect with the most sacred part of yourself, receive new insights, and magnify love in your life through the Light and Sound of God.



Experience the sacred sound of HU, which can open your heart to divine love, healing, and inner guidance. Join us for an engaging blend of insightful stories, uplifting creative arts and contemplative exercises to have your own experience of the spiritual Light and Sound.

These will be held at Box Hill in person

Box Hill Community Arts Centre – 11:00am Sunday
470 Station Street, Box Hill, Melbourne

1st Feb	The Spiritual Benefits of Sound and Light <i>“Discover healing, joy and love in Divine Spirit”</i>
1st Mar	Do I need a spiritual teacher? <i>“Getting a little help from my friend”</i>

Visit our Instagram page:
www.instagram.com/eckankar.essa

Raise Your Spiritual IQ event

Explore spiritual tools to awaken the God-knowledge within. Find out how Dreams, Past Lives and Soul Travel can help you make sense of everyday life and give insights into the deeper questions that most people wish they had answers for.

Raise Your Spiritual IQ - Discussion classes and Workshops coming soon.

You can download the study materials and get a head-start on your spiritual adventure:

Explore Online Resources:

Raise Your Spiritual IQ! Explore Your Unlimited Spiritual Potential

<https://www.youtube.com/watch?v=cZX4KzaXx18>

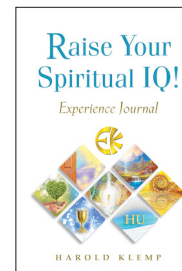
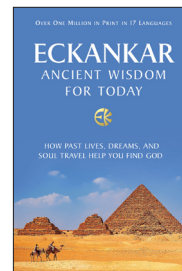
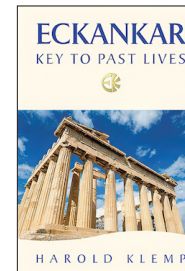
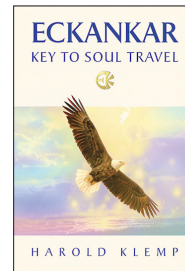
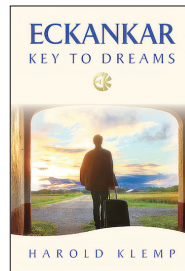
This video gives you an overview of the study materials:

<https://www.youtube.com/watch?v=TJXCt7KHrnQ>

Free Download of Study Materials (books below):

<https://eckankar-essa.org.au/spiritual-iq/>

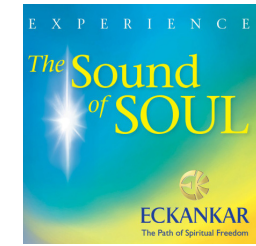
..copy and paste the above links into your browser.



Raise Your Spiritual IQ class in Persian on Zoom
8:00pm Sundays - Contact Somy for details 0469 982 994

1st Feb	Spiritual Exercises to Recall and Resolve Past Lives
1st Mar	The Light and Sound of God

Sound of Soul Event



You are invited to join us for a special event of spiritual connection and community.

Settle in with a beautiful contemplation seed and experience a 15-20 min HU chant. The sound of HU when sung out loud or quietly to oneself can bring spiritual upliftment, serenity and joy.

Anyone can join in regardless of background or faith. The HU has helped people of many different faiths experience the presence of God in their lives. The HU chant will be followed by relaxed, spiritual conversation where you are invited to share or you can just listen in.

Every Friday evening - 8:00 - 9:00 pm on Zoom

<https://us02web.zoom.us/j/82136031595?pwd=bnlLY2tic3NrMkPnNjdNWDIMUVRRQT09>

Meeting ID: 82136031595

Meeting password: 069841

23rd Jan	Mastering your Spiritual Destiny
30th Jan	Keys to Spiritual Living

6th Feb	Be in the Grasp of Divine Love
13th Feb	Love is the Way
20th Feb	Listen to the Sweet Divine Whisper
27th Feb	Why do things happen in your life?

6th Mar	Becoming a better Spiritual Person
13th Mar	Listening to God
20th Mar	The Reason for Living
27th Mar	How to keep Your Heart Open in Daily Life?

In person - every second Sunday - 11:00am-12:00pm

Rosewall Community Centre – 11:00am Sundays 36 Sharland Rd, Corio, VIC 3214	
8th Feb	What is the key to overcoming fear? <i>“The key is within you”</i>
8th Mar	Finding help in daily life <i>“HU brings the strength and wisdom to meet life”</i>